

NEW HOPE FOR RECOVERY, through...

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- Informational materials
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- Research
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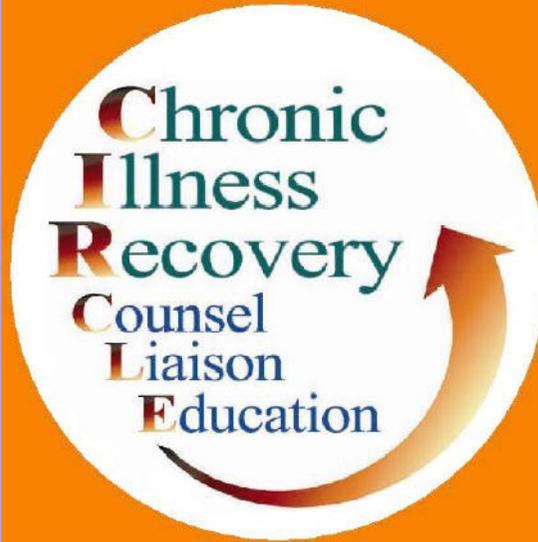
Chronic Illness Recovery

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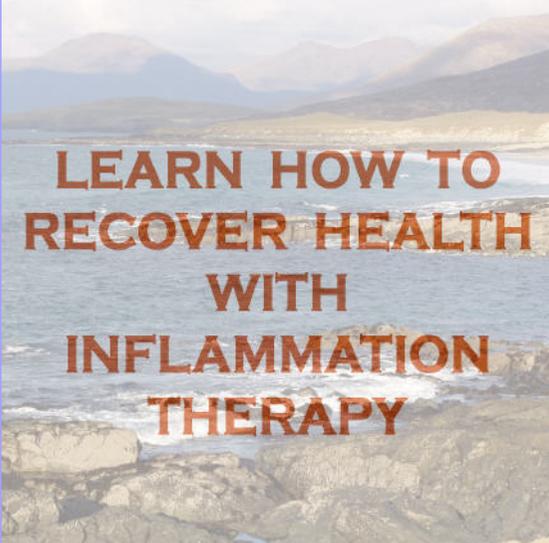
Fort Worth, TX 76114

USA

HOPE FOR CHRONIC DISEASE SUFFERERS



**Chronic
Illness
Recovery**
Counsel
Liaison
Education



**LEARN HOW TO
RECOVER HEALTH
WITH
INFLAMMATION
THERAPY**

Chronic Illness

Many chronic diseases are caused by systemic inflammation. Inflammation therapy has been successfully used to treat a wide variety of symptoms common to many conditions, such as fatigue, weakness, muscle pain, cramp, insomnia, headaches, anxiety and skin conditions.

Signs of systemic inflammation are chronic symptoms and/or abnormal test results, such as

- blood pressure
- pulse or heart rhythm
- lab results (e.g. hemoglobin, creatinine, C-RP, TSH, sed rate)
- tests (e.g. pulmonary function, bone scan)
- imaging (e.g. X-rays, MRI, CT)

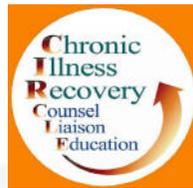
To assess whether inflammation therapy would be beneficial to a patient, the doctor tests both forms of vitamin D, which acts like a steroid to modulate the immune system.

1,25-dihydroxyvitamin-D (the active form) is elevated by systemic inflammation. 25-hydroxyvitamin-D (the form that's usually measured to determine vitamin D status) may be low, but this is not a sign of true deficiency.

If these test results don't give a clear indication, the doctor can prescribe the first stage of the therapy as a 'therapeutic probe', and the patient's reaction should indicate whether the therapy will be beneficial.



"I had noticeable differences right away... I was so surprised... especially after all the other drugs I had used with little to no relief."



Inflammation Therapy

Inflammation therapy was developed to treat chronic diseases thought to be due to immune system dysfunction caused by persistent intracellular bacteria. Many patients on inflammation therapy are reporting a return to normal life and the end of lifelong disorders.

The first aspect of inflammation therapy is the use of a medication called Benicar (olmesartan medoxomil) every 6-8 hours. This reduces the level of the active form of vitamin D, and appears to improve immune system function and reduce symptoms of inflammation.

The second aspect is the use of low doses of specific antibiotics at infrequent intervals. These are believed to weaken intracellular bacteria by blocking protein synthesis associated with bacterial reproduction.

The third aspect is the avoidance of vitamin D, because we have observed that elevations in 25-D (the less active form of vitamin D) seem to mute immune responses in many people. Most patients also need to minimize exposure to daylight for at least the first few months of treatment.

Immune system reaction

The hallmark of an effective response is an intermittent increase in symptoms due to bacterial die-off, which occurs in a waxing and waning pattern before eventual, gradual resolution of symptoms.

This reaction needs to be managed carefully to keep it tolerable and safe, and the patient should be guided by a medical professional with experience of inflammation therapy. The treatment may take several years to complete, but major symptom resolution usually begins much sooner.

"He considers himself cured and doesn't give his illness much thought any more."



Chronic Illness Recovery

Because inflammation therapy is a relatively new treatment, some doctors aren't familiar with it yet. Chronic Illness Recovery is a non-profit organization set up in 2009 to spread awareness of this exciting, ground-breaking therapy that has helped so many of us 'get our lives back'.



Counseling Program

Chronic Illness Recovery runs an online counseling service to help doctors and their patients manage the treatment. Experienced Registered Nurses guide patients through the therapy in liaison with their doctors, and this allows for individualized adjustments as patients respond to treatment. Fees are waived for the first year for the first enrolled patient of each physician. A discounted/sliding fee rate is available to all other patients.



Library of Information

Patients who don't wish to enroll in the counseling program may take advantage of our extensive, online, easy-to-understand Library of Information for a small suggested annual donation.

Survey

CIR is collecting data from the patients enrolled in our counseling program to help doctors and researchers to evaluate objectively the efficacy of inflammation therapy.



Education

CIR is developing a variety of educational resources to spread the word about inflammation therapy to both the medical world and those who are seeking relief from long-term suffering.

The Health Team

All those involved in this venture know what it's like to suffer from chronic, debilitating pain and fatigue. We've known the joy of success with this therapy, after failure to find long-term relief any other way.

